

CHEMICAL PEELS

PRE-TREATMENT INSTRUCTIONS



Avoid sun exposure on the treated area. Use a sunscreen with at least SPF 40.



Make sure your skin is clean and free of makeup, creams, and lotions on the day of treatment.



Stop using retinoids, glycolic acid, or other exfoliants 1 week prior.



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POST-TREATMENT INSTRUCTIONS



Keep your skin moisturized and protect it from sun exposure.



Use a gentle cleanser to wash your face.



Avoid picking or peeling off any flaky skin.



Stop retinol and acids 5 days after having face laser treatment.



Avoid exercise that causes sweating, steam baths, and hot showers for a few days.



Start a Tyrosinase inhibitor after completing the aftercare routine recommended by the therapist and after skin has finished peeling.



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