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## PRE-TREATMENT INSTRUCTIONS



Shave the area 24 hours before your appointment.



Avoid any irritating products in the area before your treatment.



Make sure the area is clean.



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## POST-TREATMENT INSTRUCTIONS



Avoid harsh soaps or products with fragrance.



Use the aftercare creams or lotions provided by your specialist.



Wear cotton underwear to allow the skin to breathe.



Do not engage in strenuous activities or intercourse for the recommended time.



Make sure the area is clean.



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