

# LASER TATTOO REMOVAL

## PRE-TREATMENT INSTRUCTIONS



Keep the area clean and hydrated.



Shave prior to coming to your treatment



Avoid any antibiotics



Avoid blood-thinning medications if possible.



Avoid sun exposure or tanning for at least 4 weeks before your treatment.



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## POST-TREATMENT INSTRUCTIONS



Avoid sun exposure on the treated area. Use a sunscreen with at least SPF 40.



Keep the treated area clean, wash only with gentle soap and water 24 hours after your session.



After washed immediately use an Aquaphor ointment and cover with gauze if going outside. If staying in, allow to air dry.



Avoid swimming pools, saunas, and strenuous exercise for a few days.



You may apply a cold compress to soothe the skin if needed.



Avoid shaving until tattoo is fully healed.



No harsh creams or perfumes on the skin.



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