

MICRONEEDLING

PRE-TREATMENT INSTRUCTIONS



Avoid sun exposure or tanning for 24 hours before treatment.



Stop using retinoids, glycolic acid, or other exfoliants 1 week prior.



Make sure your skin is clean and free of makeup, creams, and lotions on the day of treatment.



@TRUST.BEAUTYBAR

WWW.TRUSTBEAUTYBAR.CA

9671 JANE ST, UNIT #5
MAPLE, ON L6A 3X5

(905) 553-0061

MICRONEEDLING

POST-TREATMENT INSTRUCTIONS



Cleanse with disposable gloves on for 1st 24 hours and only gentle cleanser, avoid rubbing.



Change pillowcase and face towel after your treatment to ensure clean at home practices.



Avoid exercise that causes sweating, steam baths, and hot showers for a few days.



Avoid makeup for at least 24 hours.



Apply Hyaluronic Acid whenever skin feels dry.



Avoid all direct sun exposure. Use 40 SPF



Stop retinol and acids 5 days after.



Start a Tyrosinase inhibitor after completing the aftercare routine recommended by the therapist and after skin has finished healing.



@TRUST.BEAUTYBAR

WWW.TRUSTBEAUTYBAR.CA

9671 JANE ST, UNIT #5
MAPLE, ON L6A 3X5

(905) 553-0061