

PRE-TREATMENT INSTRUCTIONS



Avoid exfoliating treatments or products for 3 days prior.



Make sure your skin is clean and free of makeup, creams, and lotions on the day of treatment.



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POST-TREATMENT INSTRUCTIONS



Use sunscreen to protect your skin from sun exposure.



Wash your face after 6 hours to ensure product penetration



Stay away from steam rooms and strenuous exercise for a day.



Keep your skin moisturized and hydrated.



Avoid makeup for at least a day.



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