

# LASER FACIAL

## PRE-TREATMENT INSTRUCTIONS



Avoid sun exposure, tanning beds or self-tanning products for 2 weeks before treatment.



Avoid any antibiotics that caution you to have a sensitivity to sunlight.



Shave the area to be treated the day before.



Stop using retinol and acids 5 days prior to having face laser treatment.



Do **not** apply any creams, lotions, or makeup on the day of treatment.



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## POST-TREATMENT INSTRUCTIONS



Avoid sun exposure on the treated area. Use a sunscreen with at least SPF 40



Avoid using makeup or skincare products for 24 hours.



Do **not** exfoliate the treated area for a week.



Avoid hot showers, baths, saunas, strenuous work outs or any heat treatments for 24 hours.



Avoid retinol and acids 5 days after having face laser treatment.



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